



New Crown or Filling Restoration

Congratulations on completing your dental treatment to restore and beautify your natural teeth. Keeping your teeth requires continual care, maintenance, and restoration.

Post Operative Instructions:

The treated area may be sensitive to temperature changes and pressure for a few days. Gum soreness may last for several days. To reduce soreness, rinse mouth 2-3 times per day with warm salt water. Over the counter pain medications (Tylenol, ibuprofen) may be taken as needed. Take this before your anesthesia wears off to minimize your discomfort.

The treated area is numb. Be careful while the anesthesia wears off.

You can chew immediately on white fillings, but wait 24 hours for a silver (amalgam) filling to set up completely.

Please chew gently for the first two days. Observe how your bite (occlusion) feels. If it feels different, uneven, or uncomfortable, or if you have persistent pain or pressure, contact the office to arrange a bite adjustment appointment.

Brush and floss gently around the treated areas. The gums will heal and mature quickly if kept clean.



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