



Root Debridement Therapy

You have begun treatment to improve your overall health and the health of your gums. I have treated areas demonstrating infection and attachment loss due to plaque and bacteria and used special instrumentation to remove these toxins from the root areas of your teeth. This was not a surgery. I then irrigated these pocket areas with an antimicrobial solution to reduce the number of bad bacteria.

Post treatment instructions.

1. The treated area is numb so be careful while the anesthesia wears off.
2. The gum tissue can be sore treatment. Over the counter pain medications (Tylenol, ibuprofen) may be taken as needed.
3. The teeth in the treated area can be temporarily sensitive to cold, hot, and pressure. This should disappear after several weeks.
4. Floss on comfort. Bleeding may occur while flossing.
5. Brush gently in the treated areas. Brush on comfort.
6. Use an oral rinse or gel as indicated by dentist or hygienist. (PerioRX, sodium fluoride gel).



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