



## Supportive Periodontal Therapy

### **Congratulations!**

You have completed your therapy appointments or the initial phase of your periodontal treatment. We have achieved good results together and it is time to graduate you to Phase II or the maintenance phase of your treatment. What this means to you is that you now have to continue to be effective removing the plaque bacteria daily and be diligent in making your scheduled appointments with us every 8 - 12 weeks (two or three months) for monitoring and treatment.

Periodontal disease is episodic in nature. That means it can flare up. Our goal is to maintain the health of your mouth. Current research available to us states that this goal can only be effectively accomplished by shorter intervals with the hygienist for patients who have undergone periodontal therapy. We need you to comply and help with this goal so we don't undo all the good you and I have achieved together.



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